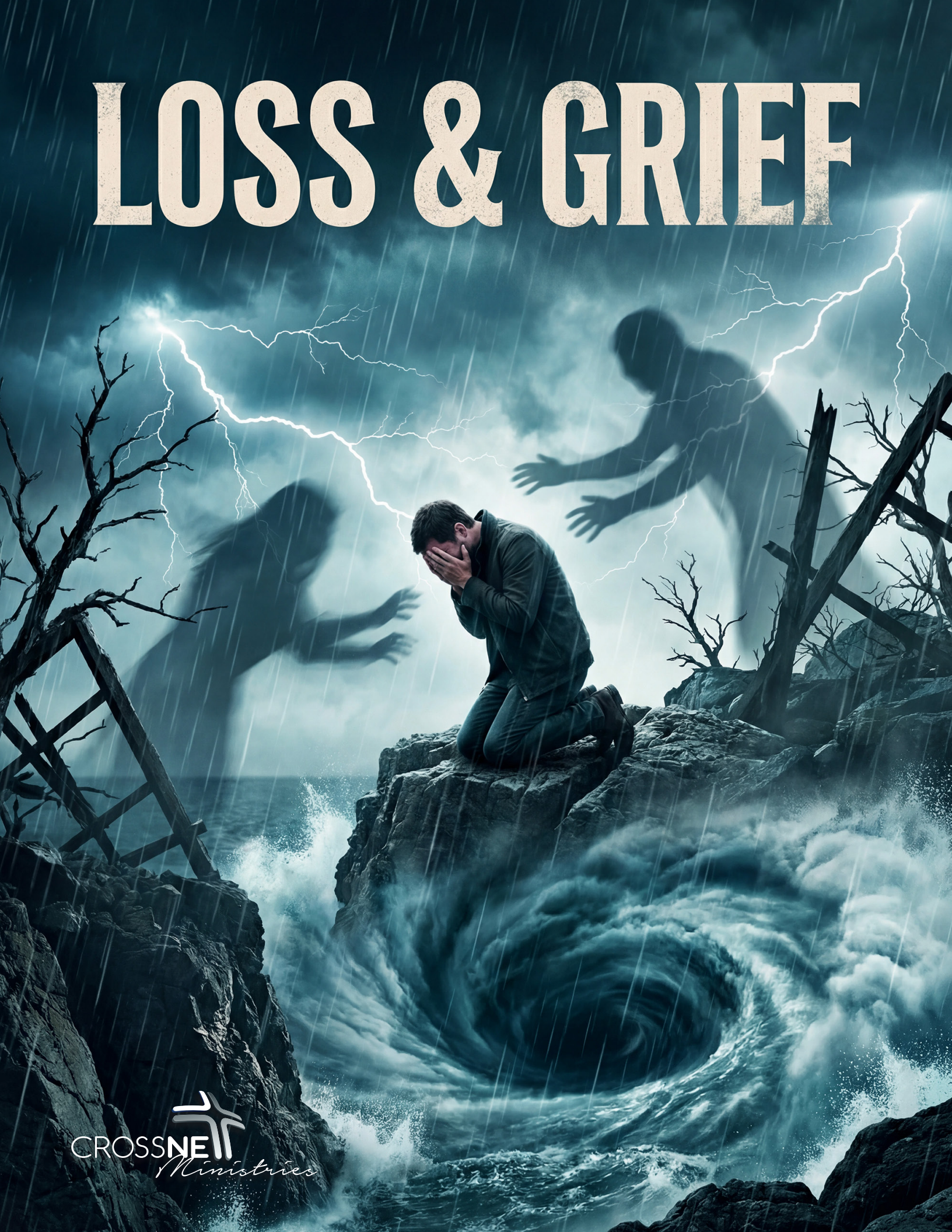
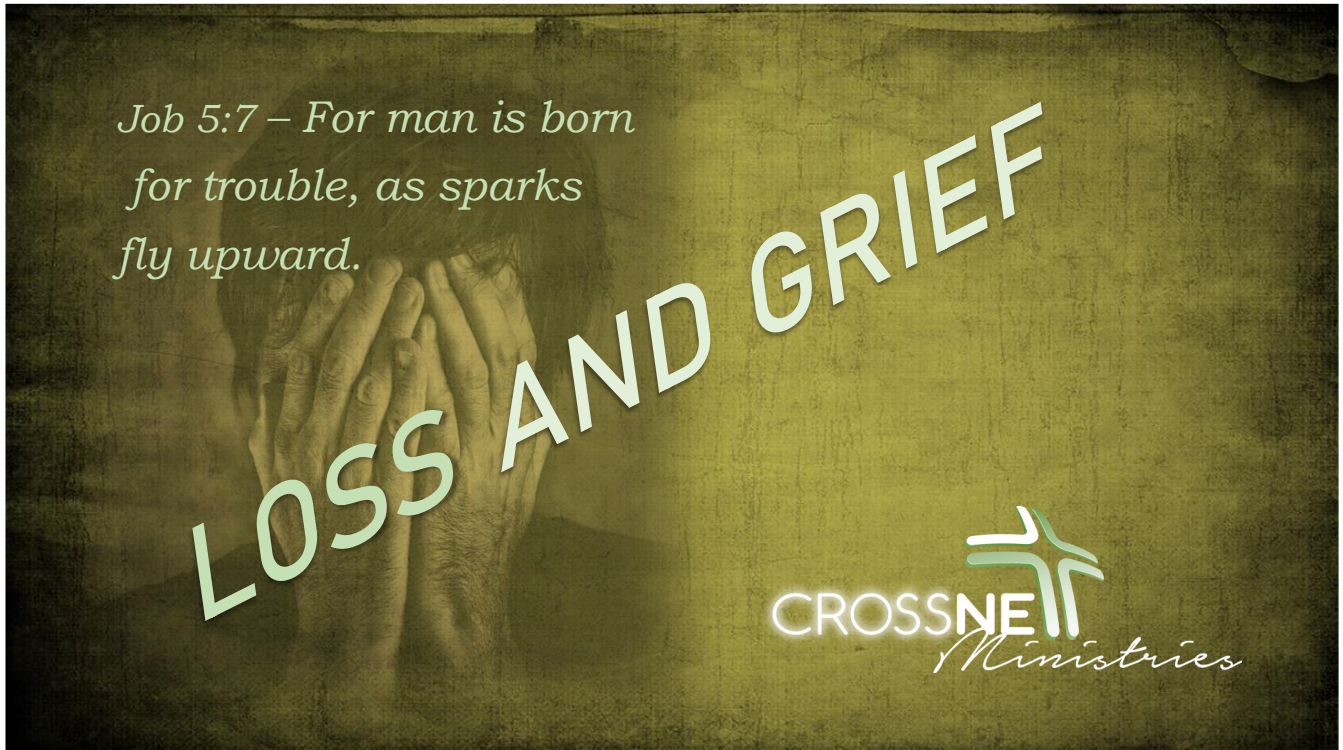


LOSS & GRIEF





Loss – impacts our lives, hurts, sense of pain (may be a part of a crisis). E.g. death of a loved one, loss of a job, etc.

Crisis – a crucial time that overwhelms and immobilizes a person, leads to a turning point for either opportunity or despair. Often opens up a person to a revelation from God.

Trauma – an event outside the range of usual human experience and that would be markedly distressing to almost everyone. Trauma places an overwhelming demand upon the physiological system that results in a profound sense of vulnerability and/or loss of control.

Trauma can be described as the gift that keeps on giving and it can literally change the structure of the brain. This is commonly referred to as PTSD.

*Job 5:7 – For man is born
for trouble, as sparks
fly upward.*

LOSS and GRIEF

LOSS

- Death
- Divorce
- Infidelity of a spouse
- Job loss
- Accident/ impairment
- Natural disaster
- Terrorist attack
- Secondary trauma

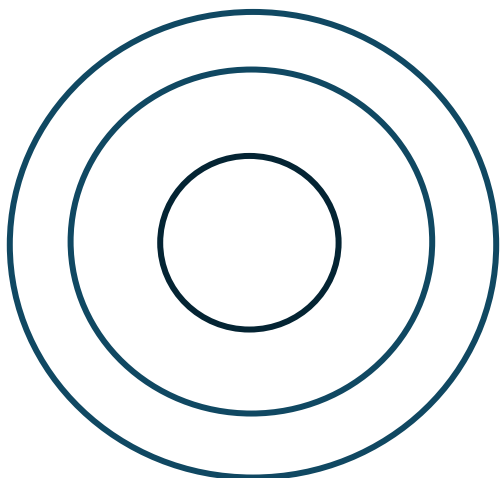
- Rape, physical or sexual abuse
- Miscarriage, abortion, inability to have children

Loss(es) _____

John 1:12 - ¹² But as many as received Him, to them He gave the right to become children of God, even to those who believe in His name,

I am a child of _____!

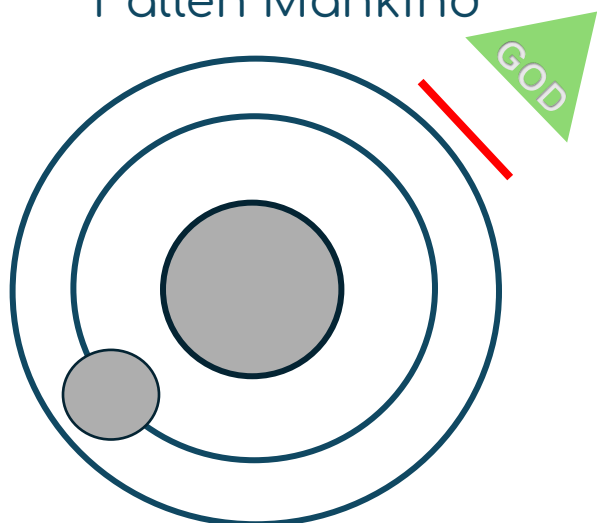
Biblical Makeup of Mankind



1 Thessalonians 5:23

23 Now may the God of peace Himself sanctify you entirely; and may your spirit and soul and body be preserved complete, without blame at the coming of our Lord Jesus Christ.

Fallen Mankind



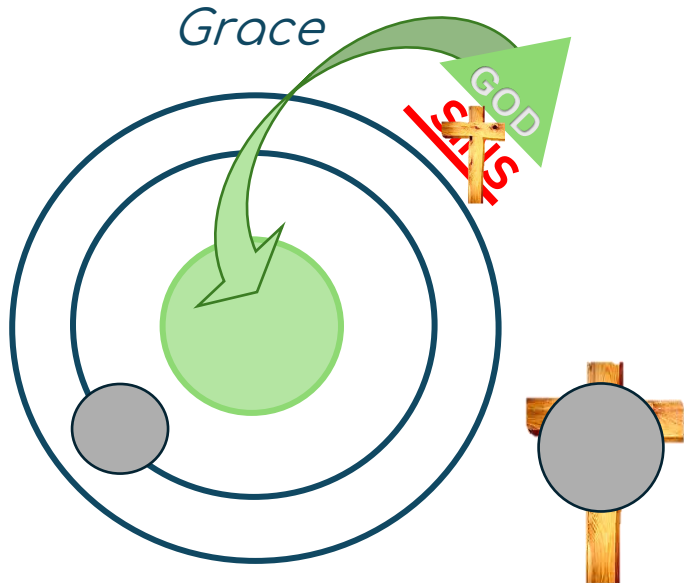
Isaiah 59:2

Romans 3:23

Genesis 2:17

Ephesians 2:1

Grace



Ephesians 1:7

Romans 6:3&6

Romans 6:5

Romans 5:10

Galatians 2:20 ^{ncv}

²⁰ I was put to death on the cross with Christ, and I do not live anymore—it is Christ who lives in me. I still live in my body, but I live by faith in the Son of God who loved me and gave himself to save me.

ASPECTS OF LOSS

Shock and Denial _____

Anger _____

Depression _____

Blame _____

Sadness _____

Guilt _____

Bargaining _____

Hopelessness _____

ACCEPTANCE _____

GOD'S BOUNDARY



FALSE IDENTITY

ACCEPTANCE - *FORGIVENESS*

GOD



OFFENDER

ME

ME

1 John 2:2

Propitiation

Ephesians 4:32

Colossians 3:12-13

NOTHING IS WASTED IN GOD'S ECONOMY

ACCEPTANCE - *GOD'S ULTIMATE PURPOSE*

Romans 8:28-29 ^{NASB}

28 And we know that God causes *all things* to work together for *good* to those *who love God*, to those who are called according to His purpose. 29 For those whom He foreknew, He also predestined to become *conformed to the image of His Son*, so that He would be the firstborn among many brothers and sisters;

2 Corinthians 5:17

Colossians 3:3-4

John 16:33

“It is interesting that answers will not take away pain, but Godly mourning will. Mourning takes three years. The first year we walk with pain standing on top of us, the second year we walk side by side with pain, and the third year we stand on top of the pain. The pain never leaves, the memories of the person never leave, time does not heal all wounds, but the experience of the pain of loss is absorbed into our being permanently, and the person for whom we grieve is a permanent part of what we are from that day forward.

Mourning is truly of the Lord.” Mike Wells