

REJECTION



REJECTION

the solution:
Walking in your Identity

REJECTION IS A PSYCHOLOGICAL DISTURBANCE OF EPIDEMIC PROPORTIONS



“Smothering love or when acceptance is contingent upon satisfactory performance. Love that is withdrawn, knowingly or unknowingly, wanton disregard for another person, absence of meaningful love.”

Charles Solomon “The Rejection Syndrome and the Way to Acceptance” pg. 1

The Flesh Defined

“The term flesh in Scripture does not mean the human body in the majority of verses. Instead, the “flesh” is a spiritual term which means all the ways people use their bodies and personalities in sinful ways as a result of not depending on God.

The term flesh represents all the ways people have learned to cope with life's challenges apart from dependence on Christ.

The flesh also means living as if we are separated from God though, as Christians, we're united with him.

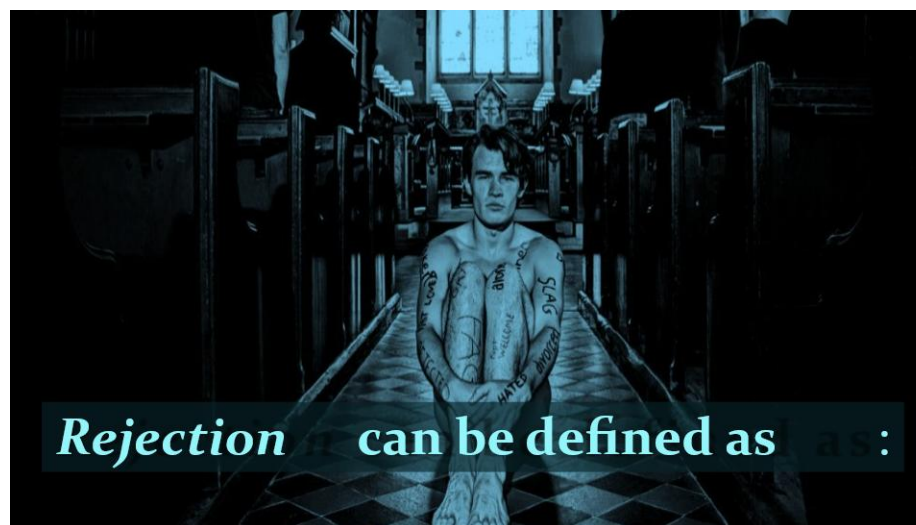
In other words, living as if we aren't Christians, though we are Christians.”

God's Best Kept Secret - Mark Maulding



Overt: [_____] ways of being rejected: verbal, physical, sexual abuse. Etc.

Covert [_____] ways of being rejected: divorce, death, overprotection, absenteeism, comparison. Etc.



The _____ of meaningful love

The _____ of meaningful love

The _____ of meaningful love

This can be real or _____ !

REJECTION

OVERT (Obvious) Examples

- Physical abuse and/or sexual abuse.
- Abandoned by a parent, death of a parent or mate, divorce.
- Alcoholic parent and or mate.
- Refugee from political unrest.
- Racial and / or gender discrimination.

Open statements of rejection:

- "I don't love you anymore."
- "I hate you."
- "I never have loved you."
- "You never have met my needs."
- "I wish you were never born"
- "You were an accident, a mistake!"
- "If _____ had not taken place, you wouldn't have been born."

Verbal abuse, a direct attack on a person's character instead of behavior:

- "You're a bum.", "You're stupid!"
- "You're a liar! Liars won't be allowed in this home!"
- Parents telling a child they never wanted a baby or they are the wrong sex.
- Husband critical of wife's body (wrong proportions)
- Child being asked or forced to testify in court against a parent.
- Child being forced to choose sides during parental / marital argument.

_____ **TOTAL**

COVERT (Subtle) Examples

- Death of a parent.
- Broken home. Divorce by parents (growing up with one parent / raised by relatives).
- Over – protection (someone making most of my decisions &/ or doing everything for me).
- Not being allowed or taught to accept responsibility.

- Parents (mate) who work too much or too busy in church activities and seldom home.
- Absentee parent (father overseas or away on business a lot, etc.)
- Communication to a child, “Children are to be seen not heard.”
- Comparison: “Why can’t you be like _____?”
- Dominant, controlling mother / weak passive father.

- Punishment out of anger (to vent hostility) rather than discipline out of love.
- Over discipline – correction out of line with the magnitude of the offense.
- Parents who are either overly strict or too lax in discipline.
- Growing up in a home where there is little expression of warmth and affection (hugging, etc.)

- One child favored over another.
- Never being able to measure up to a parent’s (loved one’s) expectation.
- Bringing home a grade of “B” and being told, “Why didn’t you make an “A”!
- Performance Based Acceptance (receiving love and approval based on what I do rather than who I am).

Being told:

- “Can’t you do anything right?”
 - “You’re not trying hard enough.”
 - “I thought I told you! (harsh tone of voice)
 - “Won’t you ever learn?”
 - “Watch out! You’re going to mess up again.”
-
- Not being able to communicate with parents (loved ones) on a deep, meaningful level.
 - Growing up (living) in a home where the words “I love you” were rarely heard.
 - Conditional love, “I will love you if _____.”
 - A child growing up never being allowed to become their own unique person (being squeezed into a box they were never created to fulfill).
 - A child who is never allowed to have or voice his own opinion.
 - Parents who attempted to buy their children’s love by giving them things instead of themselves.
-
- Constantly being corrected and criticized by a parent (or loved one) – nagging.
 - Never being allowed to fail.
 - Not being allowed to have or express emotion. Being told “you shouldn’t feel like that”.
 - “Big boys don’t cry.” “Stop crying, or I’ll give you something to cry about.”
 - Being told either directly or indirectly that sex is bad.
-
- Finding out my parents were pregnant with me before they were married.
 - Being told, “I almost died at childbirth” or “You’re mother died when you were born.”
 - Parents never attending my activities while growing up (sports, music, drama, etc.)
 - A father who never did anything with me alone – going out on a “date”, etc.

- Being born to parents late in life (change-in-life baby).
- Not being remembered by loved ones on birthday or anniversary, etc.
- Parents who are physically sick (or emotionally or mentally unstable) while growing up.
- Hospitalization at an early age – prolonged childhood illness.
- Having to work as a child. Adoption. Moving around a lot while growing up.

_____ **TOTAL**

The impact of **overt** rejection: TOTAL The impact of **covert** rejection: TOTAL

1. Rejection controls you	14 - 18	_____	1. Rejection controls you	33 - 42	_____
2. Significant rejection	9 - 13	_____	2. Significant rejection	22 - 32	_____
3. Little rejection	5 - 9	_____	3. Little rejection	11 - 21	_____
4. Little to no impact	0 - 4	_____	4. Little to no impact	0 - 10	_____

John 10:10 ^(NIV)

¹⁰ The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.



LEAH'S TREE

Her Protective layers of the Flesh (coping methods)

**Leah's
Feelings and
beliefs about
herself**

- Gen. 29:17 _____
- Gen. 29:18 _____
- Gen. 29:21 _____
- Gen. 29:22 _____
- Gen. 29:23 _____
- Gen. 29:25 _____
- Gen. 29:27 _____
- Gen. 29:28 _____
- Gen. 29:30 _____
- Gen. 29:31 _____
- Gen. 29:32 _____
- Gen. 29:33 _____
- Gen. 29:34 _____
- Gen. 29:35 _____

Messages Leah received from Jacob, Laban, Rachel and the World

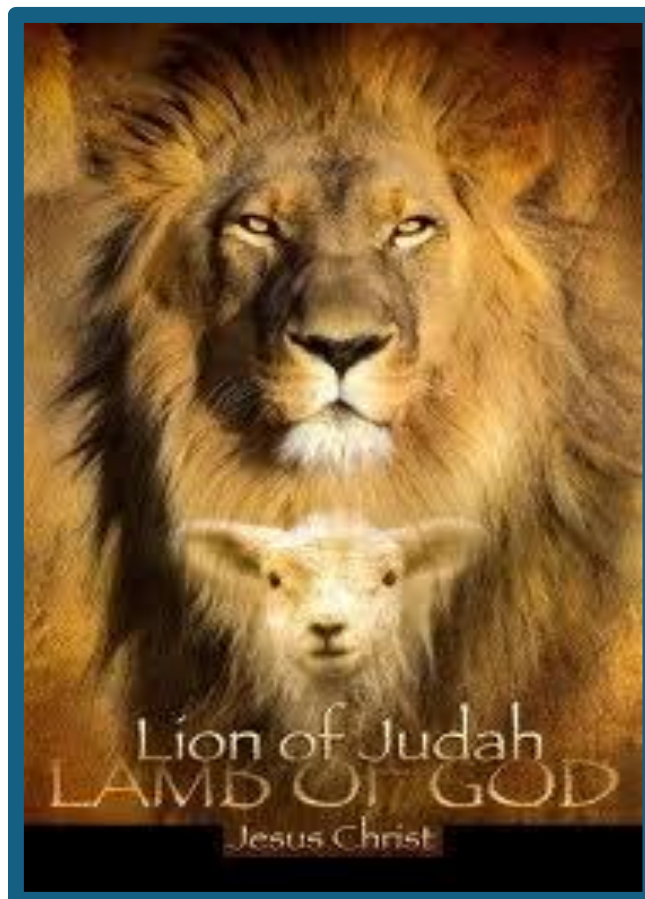
Gen. 29: 35 ^{NIV}. she gave birth to a son she said, “This time I will praise the Lord.”

So, she named him _____.

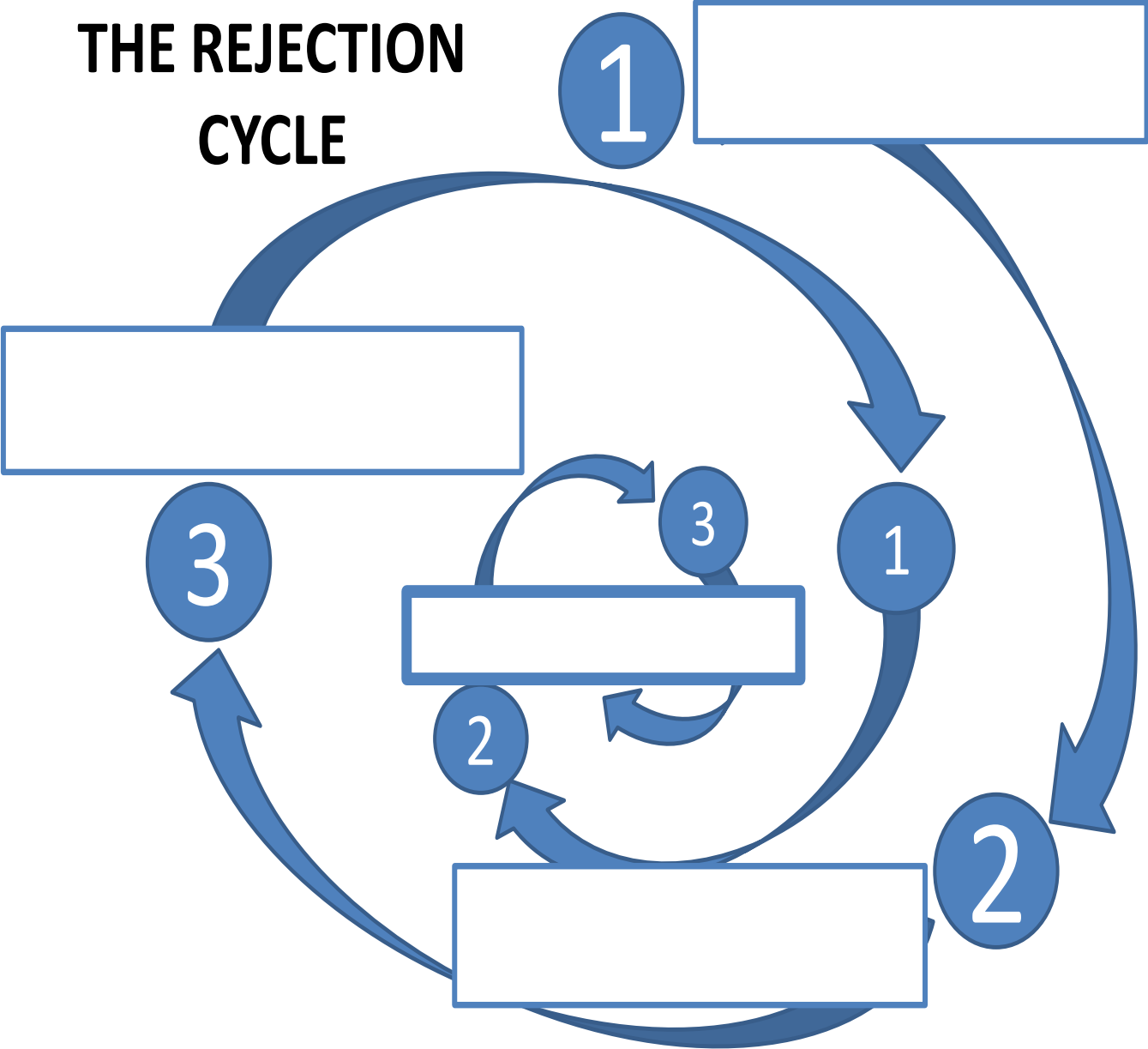
**Leah moves from being
“me centered” to being**

“

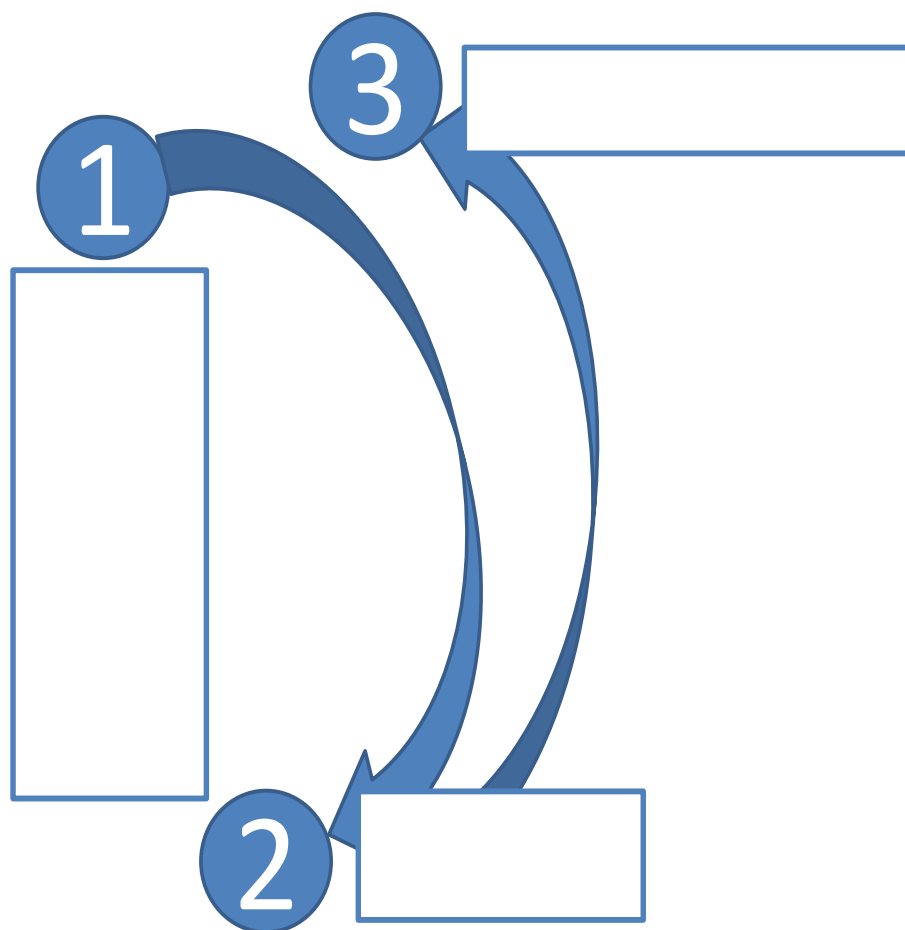
”



THE REJECTION CYCLE



STOPPING THE REJECTION CYCLE



I AM:

Eph. 1:3-8

Therefore if any person is [in-grafted] in Christ (the Messiah) he is a new creation (a new creature altogether); the old [previous moral and spiritual condition] has passed away. Behold, the fresh and new has come !

2 Cor. 5:17 ^{amp}

³ Praise be to the God and Father of our Lord Jesus Christ, who has **blessed** us in the heavenly realms with every spiritual blessing in Christ. ⁴ For he **chose** us in him before the creation of the world to be **holy** and **blameless** in his sight. **In love.** ⁵ he predestined us for **adoption** to sonship through Jesus Christ, in accordance with his pleasure and will— ⁶ to the praise of his glorious grace, which he has freely given us in the One he loves. ⁷ In him we have **redemption** through his blood, the **forgiveness** of sins, in accordance with the riches of God’s grace. ⁸ that he lavished on us. With all wisdom and understanding, *Ephesians 1:3-8* ^{NIV}

**A new command I give
you:**

**Love one another. As I
have loved you,
so you must love one
another.**

**By this all men will
know that you are my
disciples,
if you love one
another. John 13:34-35**

CHRIST'S LIFE

John 15:16 *MINISTRY TO OTHERS*

Matt. 28:19 *OUTREACH*

Gal. 5:1 *SPIRITUAL FREEDOM*

1 John 4:11-12 *MATURE LOVE*

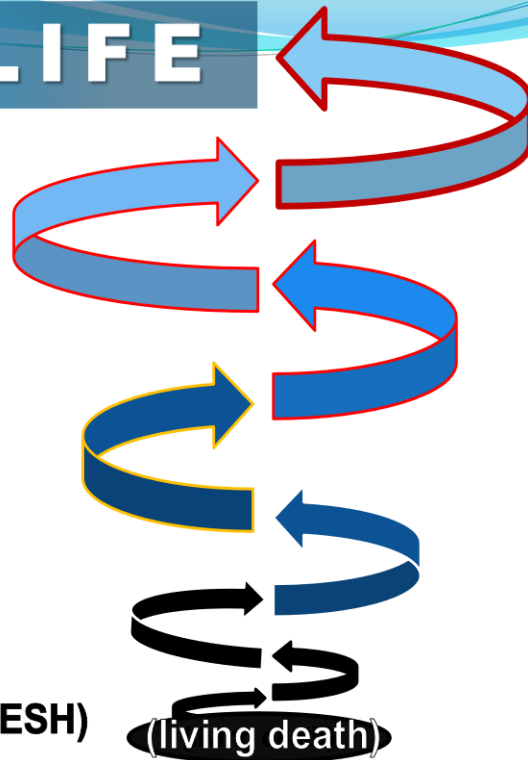
Phil. 1:20 *EXPECTATION FROM GOD*

Hebrews 13:15 *SACRIFICE OF PRAISE*

Eph. 4:20-24 *PUT ON NEW SELF*

Matt. 16:24 *DENY SELF*

SELF-LIFE (FLESH)



John 15:16 NASB 1995

¹⁶ You did not choose Me, but I chose you, and appointed you that you would go and bear fruit, and that your fruit would remain, so that whatever you ask of the Father in My name He may give to you.